

INFORMATION SHEET

for Shinshu University Student Exchange Application in Academic Year 2025 -2026

1. General Information:

Name of University:	SHINSHU UNIVERSITY	
Website of University:	https://www.shinshu-u.ac.jp/english/	
Website for exchange student program:	https://www.shinshu-u.ac.jp/institution/gec/en/prospective_students/gec_exchange_student_program/	
Contact persons for incoming exchange students:	Sayuri Tengan (Ms.) Exchange program coordinator, Shinshu University Division of International Planning 3-1-1 Asahi, Matsumoto, Nagano, 390-8621, Japan E-mail Address: gec_inbound@shinshu-u.ac.jp Telephone Number: +81-263-37-3365 Fax Number: +81-263-37-3404	Tomonori Sato(Mr.) Professor, Shinshu University Center for Global Education and Collaboration (GEC) 3-1-1 Asahi, Matsumoto, Nagano, 390-8621, Japan E-mail Address: stomo@shinshu-u.ac.jp Telephone Number: +81-263-37-3227 Fax Number: +81-263-37-3227

2. Academic Calendar (tentative) :

Starting semester:	1st semester 2026	2st semester 2026
Designated or recommended date of arrival:	March 31, 2026	September 17, 2026
Date students can move into accommodation:	March 31, 2026	September 17, 2026
Orientation and procedures dates:	April 1, 2026 ~ April 6, 2026	September 18, 2026 ~ September 25, 2026 □
Classes start ~ end:	April 9, 2026 ~ August 6, 2026	September 28, 2026 ~ February 3, 2027
Exam period	July 30, 2026 ~ August 6, 2026	January 27, 2027 ~ February 3, 2027□
Vacation (Summer / Spring):	August 6, 2026 ~ September 27, 2026	February 3, 2027 ~ March 31, 2027
Transcript offered: * Will be emailed to your home university.	Early October, 2026	Early April, 2027

※Schedules are being adjusted and the above is a rough estimate. Exact dates will be provided via email or guidance.

3. Academic and Enrollment Information:

Length of the exchange period:	One or two semesters
Qualifications for incoming exchange students:	Enrolled student year: No requirements, but must be enrolled as a degree-seeking student at their home university for the entire exchange study period at Shinshu University.
	Language Proficiency: For Japanese Learning: None; For Major Subjects: Fluent enough to understand classes in Japanese
	Extra Qualifications: To prove they are able to maintain themselves financially for the duration of their exchange in Japan. Must respond to various surveys from Shinshu University.
Language for exchange students:	Japanese
Certificate requirement:	Take at least 10 credits per year (5 credits a semester), be present at the end-of-program presentation.
Visa requirements:	To apply for a student visa, students will be required to submit a Letter of Acceptance and a Certificate of Eligibility (COE) (which will be sent to you) to the appropriate Japanese Embassy or Consulate for your area.

4. Application Procedure:

Starting semester:	For Semester 1 (Spring 2026)	For Semester 2 (Fall 2026)
Nomination Period:	~September 22, 2025 ※We will notify the results around mid-October.	~March 22, 2026 ※We will notify the results around mid-April.
Application Period:	~October 31, 2025 ※Students who have passed the nomination should submit the following documents via their university.	~April 26, 2026 ※Students have passed the nomination should submit the following documents via their university.
Application documents (Please send by e-mail within the application period)	① Cover Page of Application Package (to be completed by the home university contact person) <Sheet1> ② Application Document Checklist <Sheet2> ③ Application Form <Sheet5> ④ About JASSO Scholarship <Sheet6> ⑤ Medical Certificate <Sheet7> * Please contact us if you have difficulty submitting by the deadline. ⑥ Academic Transcript (in English or Japanese) ⑦ If available, Copy of Evidence of Japanese Language Proficiency ⑧ Copy of Passport ⑨ Facial photo.(jpeg file, size: 600pixel (height) x 450pixel (width)) ⑩ Financial supporter's Certificate of Bank Statement, or Certificate of Scholarship Receipt Minimum amount (Equivalent to JPY500,000 for one-semester exchange; JPY1,000,000 for one-year exchange)	
Submission	①~⑩ Submit via email to Shinshu University Center for Global Education and Collaboration: gec_inbound@shinshu-u.ac.jp ⑧~⑩ Submit via the COE support system ※Details, including submission deadlines, will be provided separately.	
Notify each partner university of results	Early December, 2025	Early June, 2026

5. Accommodation:

Housing Application Deadline:	Information will be provided at the time of acceptance notification.
Housing available to exchange students:	• International house (Dormitory, Off Campus, Rent fee: JPY4,755/month, Other fee: JPY94,700/year) • Private apartment(Off Campus, Rent fee: JPY35,000~JPY50,000/month~, Other fee: JPY30,000~/year and initial costs might occur.) * Due to the number of rooms available in the International House, it may not be possible to fulfil the request.
Approximate expenses: (Monthly) *The information is an estimation of the monthly expenditure of a reasonably economical international student at Shinshu University. Expenses will vary according to personal taste and lifestyle.	Total: JPY80,000~130,000/month Housing : (International house) JPY4,755／ (Private apartment) JPY35,000~50,000 Meals: JPY25,000~35,000 Books, etc. : JPY2,000~3,000 Insurance : JPY3,000 Utility Charge(gas, electricity, water): JPY10,000-15,000 Personal/Miscellaneous: JPY5,000~15,000 Local Transportation: JPY500~1,500

6. Pick-up :

Pick-up Service:	No, but an Access Guidebook will be sent to students before coming.
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7. Insurance:

Approximate cost: (approximately)	We require all exchange students to purchase National Health Insurance(Kokuho) and must participate in the University Co-op's insurance. National Health Insurance: around JPY 1,800/ month, University Co-op's insurance: JPY 15,500/year. All students participating in this program must join the National Health Insurance(Kokuho) and the Student Life Insurance specified by Shinshu University.
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8. JASSO Scholarship:

How to apply:	Please refer to the Exchange Student Program Application Guidelines and Application Form.
Amount:	JPY80,000/month