

Exit Questionnaire

NAME: Tjokorda Istri Pramitasuri

Home Institution: Udayana University

Dept. of Acceptance: Public Health, Pathology

Training Period: Nov. 16 – Dec. 11, 2015

1 . Please describe the actual training you have received here.

P.H.: Occupational health, management of community health, industrial health,

Children and environmental health, visiting companies, learn about data interpretation (research methodology)

Pathology: autopsy, prostate cancer morphology and diagnosis, polymerase chain reaction (PCR)

2 . Was that what you expected?

If not, in what way was it different from your expectation?

(good/better points)

I learned so many new things in here, especially in public health. Now I know more about occupational, industrial, environmental and community health.

I've also learned more about Japanese culture from visiting a faculty member's family in Chigasaki.

(dissatisfying points)

None

3 . Please comment on the items below:

	good points	dissatisfying points
Housing	Wide (spacious), clean, very safe	
other facility visit	Friendly staff, good references to learn, Sightseeing around	
Research Seminars	Advanced knowledge, participated with experts	
Weekend Excursions	Weekend homestay, visit an orchestra concert, visiting other towns outside Matsumoto. I've learned a lot about Japan.	
Livelihood in general	Comfortable, worth to be remembered	

4 . List as many things you think you have gained from this experience of living and studying in Shinshu.

1. learn more about occupational, industrial, environmental and community health
2. visit and see many towns (Ina, Kamakura, Chigasaki, Yokohama, Komoro, Ueda, etc.)
3. first time learn about PCR
4. know the steps of autopsy
5. Get involved in hospital
6. get more and many skills (neonatal CPR, ER)
7. get many new friends
8. get a Japanese family (in Public Health Dept)

5 . How are you going to utilize what you have learned here?

After graduated as a medical doctor, I will continue my study in public health. I've already decided to choose "community health" as my specialty, because of my visit to Saku Public Health Office during SMW.

6 . Please make any suggestion for the program improvement.

1. Maybe it will be better if the SMW students could receive their schedule of each department before going to Japan, in order to prepare things that would be needed.
2. It also would be more fruitful if we could know who the other participants were so that we could contact each other before going to Japan.

7 . Would you recommend Shinshu University School of Medicine to other students?

Yes, absolutely! Other students in Udayana University will be very excited to hear my amazing experience in Shinshu and it will be a very good thing if Udayana could send more exchange students to Shinshu.

Date: Dec. 11, 2015

Signature: Tjokorda Istari Pramitasuri