

Exit Questionnaire

NAME: Zhao Bingyi

Home Institution: Hebei Medical University

Dept. of Acceptance: OBG

Training Period: 2014.11.7--2014.12.4

1 . Please describe the actual training you have received here.

In OBG, at first I participated in the perinatal group. I took part in the conferences and seminars such as pathology conference, case discussion and high risk pregnancy text reading. I observed physical examination and ultrasound both in-patient and out-patient. Besides, I saw normal delivery and cesarean section. In addition, it made me happy because I was invited to assist the cesarean section and check the patient via ultrasound after CS.

After that, I joined the gynecology oncology group, during this week, I learned a lot about CT scan and MRI. I also observed hysteroscopy examination and hysterectomy operation.

At last, I took part in assisted reproductive technology team. I visited IVF lab, at that time Dr. Utsuno explained and showed their work to me. For instance, take care of the eggs, count sperm....And we talked about the pathogenesis and morbidity of infertility. In the laboratory I observed IVE-ET (in vitro fertilization and embryo transfer) and ICSI (intracytoplasmic sperm injection). In out patient, I observed follicle monitor.

During this month, whenever I have questions, my sensei was very willing to explain. So, I learned a lot about clinical knowledge as well as clinical skills.

2 . Was that what you expected? If not, in what way was it different from your expectation?

(good/better points)

I can assist operations and observe examinations

Attend meetings and seminars

Whenever I have questions my sensei was very glad to explain it to me.

(dissatisfying points)

It's okay that some conferences and meetings are all in Japanese. But I think some meetings will be better if it's in English like text reading.

3 . Please comment on the items below:

	good points	dissatisfying points
Housing	Clean ,warm, convenient	none
Saku Central HP visit	After the visit, I had a good understanding of longevity in Nagano!	none

Research Seminars	It was great! I benefit a great deal of oversea study experiences.	none
Weekend Excursions	Beautiful scenery, delicious soba and oyaki	none
Livelihood in general	I like the weather and clean air in Shinshu. Living here makes me feel comfortable.	none

4 . List as many things you think you have gained from this experience of living and studying in Shinshu.

After this month's living and studying in Shinshu, I experienced and learned a lot which, for me, is very helpful and unforgettable!

1. Japanese etiquette:

Living in Japan, I found that Japanese people are very polite and friendly in daily life. The humble comity, polite manners, refined and courteous impressed me. Without doubt, I always feel respected and comfortable communicating with Japanese. From my aspect, Japanese etiquette is a good quality that everyone should value and practice.

2. professional knowledge and clinical skills:

In OBG, I learned a lot about professional knowledge and clinical skills, and become more familiar with clinical diagnosis and treatment system. As a student, it's a great honor to have this chance that let me learn more and see more about my major, especially the laboratory part.

3. harmonious doctor-patient relation:

Besides professional skills, I noticed the harmonious doctor-patient relationship here, as there have been many reports of tension in doctor-patient relations in China. I have become aware of how important it is for a doctor to enhance clinical communication skills and thinking of expectations of patients.

4. spirit of dedication:

I find doctors in my department are working very hard! At first, I thought doctors in developed countries go to work on time and off work on time. But it surprised me when I saw doctors working long hours everyday. In some occasions, they were too busy to have meals. The spirit of dedication influenced me. And I hope one day I will be an excellent doctor like them!

In conclusion, I've benefitted a lot from living and studying in Shinshu!

5 . How are you going to utilize what you have learned here?

Time flies! One month is almost over. I will never forget my precious memories in Japan. In the future, the clinical knowledge and skills I learned here will do me a great favor during my years in graduate school. When I start working, the skills communicating with patients can be utilized to improve doctor-patient relationship. I hope a harmonious doctor-patient relationship can be developed in the near future in China. What's more, I will positively promote the spirit of dedication, try my best to cure my patient.

6 . Please make any suggestion for the program improvement.

In my opinion, it might be helpful, if students learn some Japanese first.

7 . Would you recommend Shinshu University School of Medicine to other students?

Yes, of course!

I will introduce what I experienced and learned in Shinshu to other students in my school. Actually, before I came here, I already told some of my friends. They showed great interest in Shinshu University, and now waiting for me back with useful info and professor's email address.

Date: 2014-12-03

Signature: Zhao Bingyi